

# Behavioral Health & Addiction Recovery

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Minutes of the Meeting on  
July 5, 2023

**Village of Homer Glen  
14240 W. 151<sup>st</sup> Street  
Community Room**

## 1. Call to Order

The meeting was called to order at 6:03 p.m. by Trustee Mason.

## 2. Pledge of Allegiance

## 3. Roll Call; Establish Quorum

Members present at 6:03 pm: Trustee Mason, Member Baber, Member Calderon, Member Kus and Member Volek.

Also Present: Committee Secretary Gia Cassin.

Not present: Village Manager Carmen Maurella and Events Coordinator Alana Charboneau and Member Raber

## 4. Approval of Amendments to the Agenda

None. Also, the Committee elected to strike this item from the agenda at this time until it seems it would be warranted.

## 5. Approval of Minutes

### a) June 7, 2023

Member Kus made a motion to approve the minutes from the June 7, 2023 meeting, seconded by Member Volek. All were in favor, zero (0) opposed. The motion passed unanimously.

## 6. Public Comment

None.

## 7. Reports and Communication

### a. Report from Trustee Mason

Trustee Mason did the tour of the HERO's Trailer at Homer Fest. He said it was very informative and he was impressed with things he learned about ways to hide things. He said it was very nice to meet the HERO's people and spend time with them.

### b. Member Volek

Nothing to Report

### c. Report from EMA Coordinator Ron Kus

Member Kus went through the Hero's trailer and Will County Trailer, said Will County was there with the NARCAN. Said he met with Tucker's wife for different things related to NARCAN. Will County trailer is smaller than HERO's, they discussed edible gummies, trailer set up like a child's bedroom and different hiding techniques.

**d. Report from Member Kelli Calderon**

Member Calderon stated she was curious to discuss the survey results, which will be discussed under Old Business.

**e. Report from Member Mark Raber – not present**

**f. Report from Chief Building Official Joe Baber**

Member Baber was impressed with the HERO's trailer and added they were happy to have us out there and handed out our fliers. Hundreds of fliers were handed out. Mr. Baber also discussed the survey results.

Regarding topics with interest in discussion (ranked in order from most important to less important: Substance Abuse Disorders, Communicating with pre-adolescents/adolescents, Mental Health Disorders and How to Receive help for substance abuse/treatment and lastly how to receive help for mental health treatment.

Regarding the 2<sup>nd</sup> question – what age groups are most interested in hearing about when it comes to Mental Health Disorders and Substance Use Disorders, the ages ranked in order of interest were: Young Adults, Adults, Adolescents, Pre-Adolescent Children and finally Seniors.

The 3<sup>rd</sup> question has answers that need to be reviewed yet.

The 4<sup>th</sup> question regarding what day of the week to conduct an event, the first choice was a Saturday and the 2<sup>nd</sup> choice was on a Thursday.

The 5<sup>th</sup> question has answers that need to be reviewed yet.

The Committee discussed putting this survey forward through on the website and our social media pages, with some more refined questions. It was also discussed that the survey should be shareable and cycled on our main FB and Behavioral Health and Addiction Recovery Pages so that it appears in peoples feeds more so to help gain more traction.

Secretary Cassin said she would check with Alana about the open-ended questions without any responses to pull that data.

Kelli stated the more we can get this info out on Social Media and make it shareable will be helpful. Once we have a better understanding, we can better gauge the panel. She said she would like to hone in on specifics. Said more responses will be helpful.

**8. Old Business (none to date)**

- a) Survey Results (Joe Baber) – they were discussed in Mr. Baber's report.
- b) Homer Fest – Curt said it went well with the trailers.

Chairman Mason asked for status about talks with the schools, which Village Manger Maurella was handling. Secretary Cassin said she would follow up with Mr. Maurella for status.

Chairman Mason suggested talking to Lieutenant Taylor to see if they have any interest to do something along side with HERO's. Joe will see if they will work with us. He is aware they have a team of people that already do go into the schools. The committee discussed HERO's coming here on a special night, post it and promote that a little bit and drive enough adults to come and have this discussion. Member Calderon mentioned that also, on line people click links quicker than doing things in person. Member Calderon suggested putting the HERO trailer at the panel event which is for adults. Maybe get into the high school after our event, but not with the trailer, do it differently.

Member Volek suggested to do the survey, create the panel, and have the event, possibly annually. Member Calderon asked about posting the panel info to the schools/virtual backpack.

Member Kus suggested finding a way to incentivize participation in the survey so we get better numbers.

Member Kus suggested maybe put something in Val Pak. (Gia to look into contacting them and getting costs) Use the survey, add QR codes and refined questions. (have this drafted by Events staff)

Gia mentioned she tried to reach Dr Burke for the stats for Homer Glen but was unable to get the numbers and all messages left were never returned. Ron said he has a contact number for Gia to try and will provide it.

Member Calderon suggested to leave the survey and QR as it is so we capture the same data, but we will add the optional age range demographic, and then the incentive (Dunkin Donut Card). The entry to win the Dunkin Card will be optional, but if entering, an email and phone number will need to be provided for the sole purpose of contacting the winner.

## **9. New Business**

Some new things were discussed under Old Business however Aleksandra Zubek spoke up from the audience and introduced herself as a professional counselor. She works as a therapist working in the West Suburbs (Hinsdale, Oak Park and Oak Brook) and said she would suggest we put an end date on the survey. She is a behavioral Health counselor and does have addiction training. Member Calderon asked Aleksandra if she would be interested in being on a panel – and she said she would be interested as she works with teens and to help when she can. She added she will attend meetings when she can. She also teaches at a community college and has different things to be able to bring to the table.

Aleksandra also mentioned that the surgeon general also is releasing addiction to social media information and cell phones, and the committee was interested in this topic as well.

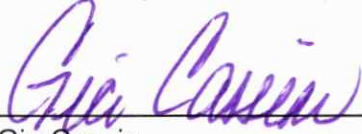
## **10. Next Meeting** – will be held on Wednesday, August 2, 2023



**11. Adjournment**

Trustee Mason asked for a motion to adjourn. A motion was made by Member Kus, seconded by Member Baber. All were in favor, zero (0) opposed. The meeting was adjourned at 6:42 PM.

Respectfully Submitted by:



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Gia Cassin

Assistant to the Village Manager